



# RURAL HEALTHCARE STUDENT MENTORSHIP PROGRAM

*Mentorship Opportunities for Rural Texas High School Students*



## PURPOSE OF THE PROGRAM

This coordinated effort is a great way for college level health professions students to share with high school students their stories and paths to success for not only being accepted into college, but into their intended healthcare professions programs. The hope is that the mentorship program and information shared will encourage high school students to pursue healthcare careers and return to their hometowns to practice, thereby assisting their rural communities in building their medical workforce and capacities.

## STUDENT COORDINATOR & MENTOR BENEFITS

- Panhandle AHEC may be able to assist with purchasing your educational expenses such as study materials, professional journal subscriptions, school training equipment (scrubs, stethoscopes, etc.), and licensure testing fees.
- Time spent mentoring can be used as volunteer hours and can be included on resumes.
- You will make an awesome impact on rural high school students.
- You can receive mileage reimbursement for travel to high schools upon submission of required documentation to Panhandle AHEC.
- You will play a part in increasing the rural healthcare workforce.

## STUDENT COORDINATOR & MENTOR REQUIREMENTS

As a MENTOR, your primary role is to provide guidance and support to your mentee based on their unique needs. Additional requirements include:

- Have monthly discussions with mentee (discussion topics will be provided).
- Have at least one in-person encounter with your mentee. (Mileage reimbursement available.) Additional mentor/mentee discussions can take place online or in-person, depending on schedules.
- Submit monthly mentorship meeting evaluations.
- Compile and share helpful resources with student coordinator and mentee.

As a COORDINATOR, your primary roles will include:

- Welcome and connect the high school contact, mentee, and mentor.
- Coordinate meeting dates, times, locations, and methods between high school contact, mentee, and mentor.
- Maintain communication with school contacts, mentors, and mentees regarding progress, needs, and concerns.
- Ensure that evaluations are submitted monthly by both mentees and mentors.
- Compile suggested resources into one document.

## APPLICATION REQUIREMENTS

- Panhandle AHEC will be accepting applications for five college level health professions students from a variety of colleges and healthcare disciplines to become a mentors for this program. Applications are also being accepted for one student coordinator position.
- Due to the limited number of students who will be selected for the coordinator and mentor positions, applicants who are currently enrolled in a health professions program will be given preference.
- There is no cost to the coordinator or mentors to participate in this program.

***For questions or to express interest,  
please contact Stephanie Loya (806-651-3482, sloya@wtamu.edu).***

